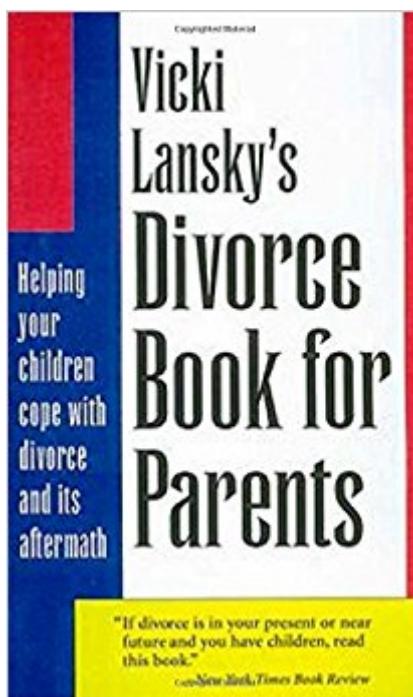


The book was found

Vicki Lansky's Divorce Book For Parents: Helping Your Children Cope With Divorce And Its Aftermath (Lansky, Vicki)



Synopsis

This essential book features practical information on guiding your children through your divorce. Topics include: how to tell the children, keeping your ex from becoming an ex-parent, handling the holidays, learning "divorce-speak", dating and more.

Book Information

Series: Lansky, Vicki

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Customer Reviews

Vicki Lansky's Divorce Book for Parents is a pragmatic yet warm and understanding guide for parents and children on just about every aspect of divorce. From tips on talking to the kids about it, to information on negotiating the realities of custody and child support, Lansky demystifies the divorce process, including the emotional aspects. A parenting writer of many books (Feed Me, I'm Yours), Lansky is also a divorced, single mother. Her combination of information, humor, and compassion make the Divorce Book for Parents a valuable resource.

Basing her approach on the belief that children are affected less by divorce itself than by the way a family is restructured and the way feelings are handled afterward, Lansky--herself a divorced mother and the author of *Feed Me! I'm Yours* (Meadowbrook, 1986. rev. ed.) and other books--presents a highly practical and optimistic guide for divorced and divorcing parents. Among the many problem areas she covers, all from the perspective of doing what is best for the child, are breaking the news, the danger of continuing conflict, deciding when professional help is needed, organizing--and surviving--departure, dealing with the ex-spouse, and long-term adjustment. "You might think I'm painting a rather rosy picture in this book and that the real world doesn't work like this," she admits.

"But it can. " Highly recommended for all public library collections.- Marcia G. Fuchs, Guilford Free Lib., Ct.Copyright 1989 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

This was a very practical and easy reading book for a parent looking at helping themselves and their child with issues that arise in their lives on divorce. The organization was clear and covered the basic areas that one may think about in the initial steps of a separation and then divorce. It gave age appropriate examples to think about and use with the child and healthful reminders for the parent surrounding the emotional stress on the family members.

Vicki Lansky's book is good for divorcing parents who are invariably stressed out because it is not overwhelming. It's small and readable and divided into chapter headings that make it easy to just read what is relevant to you. It's so hard navigating caring for children after splitting up, even when it isn't a contentious situation. This helps to put the needs of children front and center when a parent's own needs may be very pressing and distracting to them.

If you have two parents that are rational human beings and your divorce is surrounded by rainbows and birds singing this book will keep things on course. But if you are escaping and/or surviving a domestic violence situation, you'll find this woman is clueless.

Clear, insightful, the best. The book I used. Thank you.

The book is short and to the point with little editorial message. It suggested three or four things that I would never have thought of in this difficult time of tearing apart our family. It's a good tool, quick read and affordable.

Very helpful

This book is relatively short but covers all of the major topics in divorce pertaining to families. You can skip chapters--just get to the ones you need at the time. A good place for anyone to start.

Wasn't sure about this book but it's awesome and I used it for my class project.

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